

# gerstenberg.clinic

K. Paul Gerstenberg, D.O. • 2645 Nall Street • Port Neches, Texas 77651 • 409.210.3336

## Welcome!

We value each of our patients like family and strive for the most professional, compassionate care possible! At **gerstenberg.clinic** our goal is excellence in all that we do! Please take a moment to familiarize yourself with our practice guidelines and services.

### Insurance

We accept most major medical insurance and, of course, we are happy to file your claim for you, electronically, in most cases. We try to be sensitive to each individual's situation in particular needs. Co-pays, coinsurance, and deductibles are part of your agreement with your insurance carrier, and will be collected at the time of service. Due to the rising cost of malpractice insurance, office expenses and so forth, medical expenses continue to skyrocket. We are aware of this and make our best attempt to keep cost down, while providing the most advanced level of care needed. If you receive a bill from our office you do not understand or want to question something, please call the office and do so. We will make every effort to work with financial hardship cases in regard to outstanding account balances.

A \$50 charge may occur for any missed visits or returned checks.

### Scheduling

We make every effort to ensure timely appointments. Most of the time, we will be able to see you the same day you call. Please reserve this "last minute" type of appointment for just that. For ongoing medical needs, long-term health problems and such, we ask that you please schedule these appointments well ahead of time.

We reserve additional appointment slots in the summer months (June, July and August) for wellness exams/physicals. We do perform annual female exams, men's physicals, adolescent school and camp physicals, so plan to get this done in the summertime. This keeps your exposure to cold and flu minimal. Also, many parents choose to have their well-baby care done here. Though we do not offer routine immunizations, we do provide wellness visits for newborns through the elderly.

We try to maximize appointment availability for all of our patients. If, for any reason, you cannot keep your appointment, please call as soon as you realize this, so that we can reschedule for a more convenient time. Any patient arriving more than 15 minutes late to their scheduled appointment time will be rescheduled. Also, if you have waited more than 15 minutes in the waiting room, please tell the receptionist, as there has probably been an oversight. We are sensitive to your schedule, and hope you'll be sensitive to ours and other patients.

### Referrals/consultations

If we feel you need to see a specialist, we will make every effort to get you in as soon as possible with them. One of our staff will attempt to get approval from your insurance company (if necessary) and send your request to the specialist's office for an appointment within five business days. Urgent cases will be handled as quickly as possible. Please be patient when referrals take a bit longer! Patients who feel they need a referral to a specialist for a particular illness need to be seen by our provider so that we can make that referral for you. We *must* have clinical documentation to validate that referral.

### Alternative medicine

Dr. Gerstenberg, our providers and staff are interested in getting you the care you need in the safest, most economical way possible. As such, we are always open to those who are interested in alternative therapies. Dr. Gerstenberg is trained in osteopathic manipulation (similar to chiropractic care) and utilizes nutritional approaches to everything from attention deficit/hyperactivity disorder, chronic fatigue, fibromyalgia to irritable bowel syndrome and migraines. Just ask if you are interested.

### Procedures

We perform many minor procedures you may not be aware of. While many women prefer to go to their OB/GYN for annual check-ups, we are very capable of doing this wellness exam – often a lot sooner than the OB/GYN can! Minor skin bumps, like mole or warts can be treated or removed here in our office. Cancerous or precancerous lesions can usually be addressed right here as well.

### Prescriptions

The quickest, most effective method for you to have your prescriptions refilled is for you to call your pharmacy to request the refill. Then, your pharmacy will contact us if further action is required. No prescriptions will be refilled if you have not been seen in the office within six months, maximum. Some medications like controlled medications require more frequent office consultations. There will be no narcotic medication refills after hours or on the weekend/holidays. When you call with a question, we will personally address each need.

### gerstenberg.clinicWELLNESS

We offer several alternative healthcare options through our Wellness services. This includes vitamins, homeopathic remedies, human-identical hormone therapy, medical weight management options, aesthetic treatments, male ED treatments and more! Look around our clinic and website for materials that detail our Wellness line as we are consistently seeking out ways to diversify and offer the very best NON-drug treatments for our patients and community! Services offered through our Wellness line are considered cash-pay services and claims are not filed with insurance carriers since these Wellness services are not covered by insurance. Some flexible spending accounts (FSA) or health savings accounts (HSA) may reimburse for them and we gladly accept cash, check, credit card and CareCredit for these services.

***Tell others if you like the service you get. Tell us if you don't – so we can try to make things right!***

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## PATIENT INFORMATION SHEET UPDATE

PLEASE **PRINT** THE FOLLOWING INFORMATION:

**After completing this form, return it along with your insurance card and identification card to the front desk. Thank you.**

Today's date: \_\_\_\_\_ Last Name: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_  
Gender: M | F SSN: \_\_\_\_\_ Marital Status: S | M | W | D Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Zip code: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_  
Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Work phone: \_\_\_\_\_ (please CIRCLE preferred phone)  
Email: \_\_\_\_\_ Would you like to participate in the patient portal? YES | NO  
Receive our healthcare email updates:  Patient reminder preference (circle): Patient portal | Telephone  
Guarantor: Self or \_\_\_\_\_ DOB \_\_\_\_\_ SSN: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_  
Is guarantor address same as patient: Yes | No If no, address is: \_\_\_\_\_  
Employment status: Employed | Retired | Unemployed | Other: \_\_\_\_\_  
Employer: \_\_\_\_\_ Employer phone: \_\_\_\_\_

**Current copy of insurance card(s) required. Please provide card(s) to the front desk for a copy to be made.**

Primary Insurance Carrier: \_\_\_\_\_ If group policy, employer: \_\_\_\_\_  
Secondary Insurance Carrier: \_\_\_\_\_ If group policy, employer: \_\_\_\_\_  
**Emergency Contact:** First Name \_\_\_\_\_ Last: \_\_\_\_\_  
Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Relationship: \_\_\_\_\_  
**Preferred pharmacy:** \_\_\_\_\_ **Location:** \_\_\_\_\_

I am legally able to give consent for treatment, and do affirm consent, for the above patient to receive any type of service deemed medically necessary. I shall be responsible to pay for any professional services received. I realize that insurance billing is performed as a courtesy and is no guarantee of payment for services. I authorize payment to be made directly from the insurance company to the physician and any medical records released to process my claim. There will be a minimum \$25 charge for all requests for medical records other than those requested by other physicians for coordination of care, or as per law.

Estimated co-pays, co-insurance, and/or deductibles are required to be paid at the time of service. A \$50 charge may occur for any missed visits or returned checks. I understand that patients enrolled in a managed care plan (i.e. HMO, POS) must have an office visit to be referred to a specialist. All balances on my account that are 60 days overdue must be resolved before another appointment may be scheduled. Outstanding balances not resolved within 90 days will be reported for collections and will go against my credit report.

I have been provided the opportunity to review the Notice of Privacy Practices of this clinic and have been afforded the opportunity to ask any questions I may have pertaining to the policy. A copy of the clinic's Notice of Privacy Practices may be accessed at any time via [www.gerstenberg.clinic](http://www.gerstenberg.clinic). My acknowledgement of these policies will remain in effect until revoked by me in writing. A photocopy of this acknowledgement with my signature is to be considered valid as original.

Signature of Patient or Guarantor: \_\_\_\_\_ Date: \_\_\_\_\_

How did you hear about gerstenberg.clinic? Word of Mouth | Internet | TV | Newspaper Other: \_\_\_\_\_

## Release of Billing and Medical Information

When your family member or friend calls for billing or medical information for you, we need their name listed on file in order to release the information. Please be sure they have your date of birth for reference. If the date of birth is not given, we will be unable to release any information over the phone.

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### Billing/Financial:

I give my authorization to release to or discuss billing information with: (Please limit to two individuals)

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

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### Medical:

I give my authorization to release to or discuss medical information with: (Please limit to two individuals. Can be the same as above... if so, write "same".)

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

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Print Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Patient or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_